

Anaesthesia post procedure advice sheet:

Advice following day case general anaesthesia and procedures involving sedation including colonoscopy and flexible sigmoidoscopy

You will have received an anaesthetic or sedation for your procedure. You may be affected for up to 24 hours.

A responsible adult must be present when you return home

It is advisable that you take the following day off work

You should not do any of the following within 24 hours

- Drive a car
- Operate heavy machinery
- Carry hot objects ie kettles or saucepans
- Drink alcohol or smoke
- Take sleeping tablets
- Sign any legally binding documents
- Work at heights (which includes chairs and step ladders)

If you have any problems or queries you should contact the ward from where you were discharged.

Alternatively call Birmingham Bowel Clinic 0845 241 7762

Birmingham Bowel Clinic 2011